



Programme

DAY 1: September 7th

**32ND ANNUAL
CONGRESS**

ALBENA 

09:00 REGISTRATION DESK OPENS

SESSION 1: Pediatric obesity in Europe - World Health Organisation (WHO)

11:30-12:30 The World Health Organisation strategy in European regions

- Nathalie Farpour-Lambert, Switzerland

12:30-13:30 LUNCH

13:30-14:30 Ending Childhood Obesity (ECHO)

- Peter Bergsten, Sweden

14:30-15:00 Importance & challenges of early detection of pediatric obesity (ECOG/EASO)

- Jens-Christian Holm, Denmark
- David Thivel, France

15:00-15:30 COFFEE BREAK & POSTERS

WORKSHOP: Pediatric obesity and pharmacotherapy approaches (PART 1)

15:30-15:50 The new AAP guidelines – what's new?

- Aaron Kelly, USA

15:50-16:15 New pharmacological therapeutic options in adolescents with obesity

- Daniel Weghuber, Austria

16:15-16:45 Lifestyle monotherapy

- Claude Marcus Sweden
 - Goals in lifestyle interventions in childhood obesity
 - Why is adherence to lifestyle modification so challenging
 - The need for antiobesity medication

16:45-17:30 Discussion in small groups

17:30-18:00 Plenary - Childhood Obesity in the Balkans

- Violeta Iotova, Bulgaria

18:00-19:00 Opening Ceremony & Cocktail

DAY 2: September 8th

WORKSHOP: Pediatric obesity and pharmacotherapy approaches (PART 2)

09:00-09:45 Antiobesity medication

- Caroline Braet & Edyta Luszczki
 - Effect of OAMs on energy intake, food preference, appetite, control of eating
 - Effect of OAMs on physical rehabilitation
 - The role of health care professionals in OAM-supported lifestyle modification

09:45-10:15 Discussion in small groups

10:15-10:45 COFFEE BREAK & POSTERS

10:45-12:15 Oral Presentations

Gabriel Torbahn: *Pharmacological interventions for the management of children and adolescents living with obesity – an update of a Cochrane systematic review with meta-analyses.*

Mariya Kalinkova: *Liraglutide 3 mg in the management of childhood obesity: a case study.*

Iva Gueorguieva: *French Bariatric Adolescent (FBA) cohort: population's baseline characteristics and post-surgical follow-up results at 5 years.*

Elpis Vlachopapadopoulou: *Impact of Triglyceride Waist Phenotype (htgw) on HOMA-IR and cIMT on children with obesity as compared to normal weight controls.*

Margot De Spigelaar: *Metabotyping children using rectal MetaSAMP(r)-LA-REIMS: the MetaBEase cohort.*

Ekaterina Chikova-Iscener: *Obesity surveillance among first graders in Bulgaria (2008 to 2019) - main results, trends and conclusions.*

Rasmus Stenlid: *High consumption of sweetened beverages is associated with elevated ALT in children with obesity.*

12:30-13:30 LUNCH

WORKSHOP: Children live in families: how to progress?

13:30-13:50 Because you had a bad day: understanding emotional eating

- Caroline Braet, Belgium

13:50-14:10 How do interpersonal relationships affect children's weight management?

- Paulina Nowicka, Sweden

14:10-15:20 Working group sessions

- Caroline Braet
- Paulina Nowicka

15:20-15:50 Restitution and conclusion

15:50-16:20 COFFEE BREAK & POSTERS

Fighting Childhood Obesity To Stay Healthy All Over The Life (OBELISK)

16:20-16:50 Presentation of OBELISK & ECOG implication

- Amelie Bonnefond, France

16:50-18:00 Oral Presentations

Maja Engster: *Patient-centred growth chart for paediatric patients with severe obesity.*

Anna Ek: *Four-year follow-up of metabolic risk factors in children treated for obesity in the preschool age: Pooled secondary outcomes from a randomized controlled trial.*

Dan Gabrowski: *Prevention of stigmatization in families living with childhood obesity: A qualitative study of mechanisms and dynamics that can potentially lead to stigmatization.*

Pernilla Danielsson: *Impressive long-term results of an interactive mobile health support system and daily weight measurements in pediatric obesity treatment: A 3-year pragmatical clinical trial.*

Kirsten Gudbjørg Øen: *Preventing obesity in preschool children – A vignette study of public health nurses' experiences from child health clinics in Norway.*

18:00-18:30 Plenary - Epigenetic programming in early life and its impact on obesity and health outcomes

- Milena Georgieva, Bulgaria

18:30-19:30 ECOG GENERAL ASSEMBLY

DAY 3: September 9th

09:00-09:30 Plenary - European and national approaches to food reformulation

- Veselka Duleva, Bulgaria

09:30-13:00 WORKSHOP: WHO training for health professionals on childhood obesity

13:00-13:30 Closing ceremony