PROGRAMME

DAY 1: September 7th

09:00 REGISTRATION DESK OPENS

SESSION 1: Pediatric obesity in Europe - World Health Organisation (WHO)

11:30-12:30 The World Health Organisation strategy in European regions
  • Nathalie Farpour-Lambert, Switzerland

12:30-13:30 LUNCH

13:30-14:30 Ending Childhood Obesity (ECHO)
  • Peter Bergsten, Sweden

14:30-15:00 Importance & challenges of early detection of pediatric obesity (ECOG/EASO)
  • Jens-Christian Holm, Denmark
  • David Thivel, France

15:00-15:30 COFFEE BREAK & POSTERS

WORKSHOP: Pediatric obesity and pharmacotherapy approaches (PART 1)

15:30-15:50 The new AAP guidelines – what’s new?
  • Aaron Kelly, USA

15:50-16:15 New pharmacological therapeutic options in adolescents with obesity
  • Daniel Weghuber, Austria

16:15-16:45 Lifestyle monotherapy
  • Claude Marcus Sweden
    - Goals in lifestyle interventions in childhood obesity
    - Why is adherence to lifestyle modification so challenging
    - The need for antiobesity medication

16:45-17:30 Discussion in small groups

17:30-18:00 Plenary - Childhood Obesity in the Balkans
  • Violeta Iotova, Bulgaria

18:00-19:00 Opening Ceremony & Cocktail
DAY 2: September 8th

WORKSHOP: Pediatric obesity and pharmacotherapy approaches (PART 2)

09:00-09:45 Antiobesity medication
- Caroline Braet & Edyta Luszczki
  - Effect of OAMs on energy intake, food preference, appetite, control of eating
  - Effect of OAMs on physical rehabilitation
  - The role of health care professionals in OAM-supported lifestyle modification

09:45-10:15 Discussion in small groups

10:15-10:45 COFFEE BREAK & POSTERS

10:45-12:15 Oral Presentations

**Gabriel Torbahn:** Pharmacological interventions for the management of children and adolescents living with obesity – an update of a Cochrane systematic review with meta-analyses.

**Mariya Kalinkova:** Liraglutide 3 mg in the management of childhood obesity: a case study.

**Iva Gueorguieva:** French Bariatric Adolescent (FBA) cohort: population’s baseline characteristics and post-surgical follow-up results at 5 years.

**Elpis Vlachopapadopoulou:** Impact of Triglyceride Waist Phenotype (htgw) on HOMA-IR and cIMT on children with obesity as compared to normal weight controls.

**Margot De Spigeleer:** Metabotyping children using rectal MetaSAMP(r)-LA-REIMS: the MetaBEAse cohort.

**Ekaterina Chikova-Iscener:** Obesity surveillance among first graders in Bulgaria (2008 to 2019) - main results, trends and conclusions.

**Rasmus Stenlid:** High consumption of sweetened beverages is associated with elevated ALT in children with obesity.

12:30-13:30 LUNCH

WORKSHOP: Children live in families: how to progress?

13:30-13:50 Because you had a bad day: understanding emotional eating
- Caroline Braet, Belgium

13:50-14:10 How do interpersonal relationships affect children’s weight management?
- Paulina Nowicka, Sweden

14:10-15:20 Working group sessions
- Caroline Braet
- Paulina Nowicka

15:20-15:50 Restitution and conclusion
15:50-16:20  COFFEE BREAK & POSTERS

Fighting Childhood Obesity To Stay Healthy All Over The Life (OBELISK)

16:20-16:50 Presentation of OBELISK & ECOG implication
   • Amelie Bonnefond, France

16:50-18:00  Oral Presentations

Maja Engster: Patient-centred growth chart for paediatric patients with severe obesity.
Anna Ek: Four-year follow-up of metabolic risk factors in children treated for obesity in the preschool age: Pooled secondary outcomes from a randomized controlled trial.
Dan Gabrowski: Prevention of stigmatization in families living with childhood obesity: A qualitative study of mechanisms and dynamics that can potentially lead to stigmatization.
Pernilla Danielsson: Impressive long-term results of an interactive mobile health support system and daily weight measurements in pediatric obesity treatment: A 3-year pragmatical clinical trial.
Kirsten Gudbjørg Øen: Preventing obesity in preschool children – A vignette study of public health nurses’ experiences from child health clinics in Norway.

18:00-18:30 Plenary - Epigenetic programming in early life and its impact on obesity and health outcomes
   • Milena Georgieva, Bulgaria

18:30-19:30 ECOG GENERAL ASSEMBLY

DAY 3: September 9th

09:00-09:30 Plenary - European and national approaches to food reformulation
   • Veselka Duleva, Bulgaria

09:30-13:00 WORKSHOP: WHO training for health professionals on childhood obesity

13:00-13:30 Closing ceremony