

EUROPEAN CHILDHOOD OBESITY GROUP

31ST CONGRESS VICHY

2-4
November
2022



Invitation
www.ecog-obesity.eu
info@ecog-obesity.eu
 @ECOGobesity



Dear Colleague,

It is our pleasure to invite you to Vichy on the occasion of the 31st European Childhood Obesity Group (ECOG 2022) congress. ECOG 2022 will take place from the 2nd to the 4th of November in Vichy, a city bursting with a wide choice of world class attractions, legendary music and culture and worldwide renowned thermal baths. This year's congress aims to bring together childhood obesity experts and young scientists from across Europe.

The scientific programme will approach the multidisciplinary nature of childhood obesity prevention and treatment, giving the floor to some of the finest experts in policies and management strategies, dietary interventions, appetite and eating behaviors, pharmacological strategies as well as family programs and general physiology and metabolism. In addition, international associations such as the World Health Organization and the European Association for the Study of Obesity will animate and lead specific sessions.

ECOG 2022 will be an excellent opportunity to meet, discuss and share information and experiences with like-minded colleagues. It will be the perfect occasion for practitioners to share the experiences and enrich their career and for early career students and scientists to take their first step in the field, guided by international experts and mentors.

In the following months, we will provide you with more information about: ECOG board and ECOG 2022 scientific and organising committees, scientific and social programmes, congress venue and accommodations, registration forms and fees.

We look forward to meeting you at the conference and if, in the meantime, you have any questions please do not hesitate to contact us.

Yours Sincerely,

Professor Daniel Weghuber
ECOG President

Associate Professor David Thivel
ECOG Vice-President,
President Elect ECOG Congress 2022

! [REGISTRATION OPEN NOW](#) !



31ST ECOG CONGRESS



ECOG Board

Daniel Weghuber, President – Austria
David Thivel, Vice President – France
Margherita Caroli, Treasurer – Italy
Anders Forslund, Scientific Advisor – Sweden
Eva Erhardt, Member – Hungary
Emma Boyland, Member – United Kingdom
Artur Mazur, Member/Past President – Poland
Elpis Vlachopapadopoulos, Member – Greece

Local organizing committee

Julien Verney (PhD – UCA)
Lore Metz (PhD/HDR – UCA)
Gael Ennequin (PhD – UCA)
Laurie Isacco (PhD – UCA)
Alicia Fillon (PhD – ONAPS / AFERIS / UCA)
Valérie Julian (MD/PHD – UCA)
David Thivel (PhD-HDR – UCA - CALORIS)

Local scientific committee

Prof Yves Boirie (MD/PHD – UCA - CALORIS)
Prof Martine Duclos (MD/PHD – UCA)
Marie-Laure Frelut (MD – ECOG past-president)
David Thivel (PhD-HDR – UCA – CALORIS)

Thanks to



! [REGISTRATION OPEN NOW](#) !

DAY 1
2 NOVEMBER

31ST
ECOG
CONGRESS



11:30 – 14:00

REGISTRATIONS

14:00 – 14:30

Opening introduction

14:30 – 15:00

**Session 1: Disease Management Program in Pediatric Obesity
(World Health Organization)**

15:00 – 15:30

Wickramasinghe K – WHO European Office for the Prevention and Control NCD

Pediatric obesity in the WHO Disease Management program in Europe

15:30 – 16:00

Koletzko B - Ludwig-Maximilians - Universität München

Pediatric health and pediatric obesity in the context of COVID-19

16:00 – 16:30

Coffee Break + Posters

16:30 – 18:00

**Session 2: From national to international action plans and strategies
(National Health insurance)**

16:30 – 17:00

Assurance Maladie Speaker – Paris, France

Transfer of local initiatives into national and labeled action plans: the article 51 strategy

17:30 – 17:00

Hannah Brinsden - World Obesity Federation

The CoCREATE / STOP international initiatives

17:00 – 18:00

Satelite Assurance Maladie - working session: Towards new collective perspectives (Invitations only)

18:45 – 21:00

Welcome Reception (Main City Hall Vichy)

09:00 – 11:00

**Session 1: From feeding practices to dietary recommendations
(Aprifel session)**

09:00 – 09:30

Goran M - University of Southern California, USA

Dietary intervention and pediatric obesity; from scientific evidence to recommendations

09:30 – 10:00

Nicklaus S - Centre des Sciences du Goût et de l'Alimentation, Dijon

Feeding practices and choices in young children

10:00 – 10:30

Thivel D – Clermont Auvergne University

Are Movement behaviors associated with eating habits and appetite control?

10:30 – 11:00

Richonnet C – European Club of Childhood Dieticians

Nutritional Quality and Degree of Processing food in Children

11:00 – 11:30

Coffee Break + Posters

11:30 – 12:30

Oral presentations: Life & metabolism

Baran J – University of Rzeszów

The influence of early childhood diet on the level of physical activity and body mass composition in children.

De Sousa N – Northern Region Health Administration, ACES Grande Porto I

Obesity and physical fitness of students in the Northern region of Portugal: socioeconomic conditions

Yuan WL – Université Paris Cité, Inserm, INRAE, CRESS

Children cardiometabolic patterns at 5 years and their association with birth weight.

Siroux J – Université de Clermont Auvergne

Dietary -but not exercise- induced iso energetic deficit result in short-term appetitive compensatory responses in adolescents with obesity.

Damaso AR – , Universidade Federal de São Paulo (UNIFESP)

The impact of sugar-sweetened beverage and ultra-processed foods intake on leptin/adiponectin ratio in adolescents with obesity.

Verbiest I – Gent University

The cortisol stress response in youth with overweight and obesity: influence of psychological variables.

12:30 – 13:30

Lunch break + Aprifel Symposium: Pedagogy for food behaviour change

DAY 2
3 NOVEMBER



13:30 – 15:00

**Session 2: Parenting and Family centered strategies
(Caloris / Assurance Maladie)**

13:30 – 14:30

Nowicka P - Uppsala University and Karolinska Institute, Sweden
Parenting in the context of pediatric obesity

14:30 – 14:30

Braet C - Ghent University, Belgium
Family-based interventions to prevent and treat pediatric obesity: what do we know?

14:30 – 15:00

Boirie Y – Clermont Auvergne University, Caloris, France
The ProxOb program: from a regional initiative to a successful and effective national plan.

15:00 – 16:00

Workshop Parenting and Family-centered strategies

16:00 – 16:45

Workshop Restitution

16:45 – 17:15

Coffee Break + Posters

17:15 – 18:15

Oral presentations: Prevention & education

Dubern B – Sorbonne University

The Characterization of feeding behaviour in children developing obesity before the age of 6 years.

Pickard A – Aston University

Latent Profile Analysis of Children's eating behaviour: identifying avid eaters.

Segun G – Gasol Foundation Europe

Pediatric obesity in Spanish low socio-economic neighbourhood.

Csölle – University of Pécs

The impact of health literacy on adolescents' health-conscious health behavior and on the management of obesity.

Siroux J – University of Granada

Intelligence, executive functions, and academic performance according to different weight status in children.

Grand Jean F

New tool created to help dietician during 6-12 children overweight consultation.

18:15 – 19:15

ECOG General Assembly & Board Election

19:30 – 20:15

Second plenary: Understanding Childhood obesity: from molecular diagnosis to therapeutic choices - Dubern B - Sorbonne University - FR

20:15 – 22:30

GALA RECEPTION

09:00 – 10:30

Session 1: ECOG-EASO joint session: Sports-based marketing of foods and beverages to children

09:00 – 09:15

Boyland E - University of Liverpool, UK

Wickramasinghe K - WHO Europe, Prevention and Control NCD

Introduction to the session, highlight ECOG-EASO collaboration, extent of the problem and need to support policy

09:15 – 09:35

Garde A - University of Liverpool, UK

Towards a childhood free from harmful food marketing? The EU-wide Food Marketing Directive Initiative

09:35 – 10:05

Tim Smits - KU Leuven, Belgium

Overview of existing evidence of sports-based food marketing impact on eating and body weight in children

10:05 – 10:30

Boyland E - University of Liverpool, UK

From interdisciplinary evidence to policy progress: setting the translational research agenda

10:30 – 11:30

Coffee Break + Posters

11:30 – 12:30

Session 2: Use of e-technologies for the prevention and treatment (EIT session)

11:30 – 12:00

O'Malley G - RCSI University of Medicine and Health Sciences, Ireland

Mobile Health for Pediatric Weight Management: Systematic Scoping Review

12:00 – 12:30

Desmet M - Ghent University, Belgium

Feasibility and interest of e-application as a personalized treatment tool for adolescents with obesity

12:30 – 13:30

Oral presentations: Physiology

Cerenius S - Uppsala University

Deep subcutaneous adipose tissue is associated with pancreatic fat and hepatic fat in adolescents.

Antoine S - Université d'Avignon

Effect of body mass loss intervention in obese adolescents on the perivascular adipose tissue

Burden SJ - Oxford University Hospital

Better diastolic function in adolescents is associated with vigorous physical activity, independently of lesser intensities and adiposity

Stenlid R - Uppsala University

Exenatide decreases circulating dipeptidyl peptidase-4 in adolescents with obesity.

DAY 3
4 NOVEMBER

31ST
ECOG
CONGRESS



Roux W - Rhythm Pharmaceuticals

Clinical Improvements Following Setmelanotide Treatment in Patients With Bardet-Biedl Syndrome

Wen Q - Salahaddin University-Erbil

Metformin reduced proinsulin to insulin ratio in children with obesity, improving glucose tolerance

13:30 – 14:30

Lunch Break + Posters

14:30 – 16:00

Session 3: Multidisciplinary weight loss interventions: interests and challenges?

14:30 – 15:00

Lizzer S –University of Udine, Italy

Metabolic adaptation to weight loss and risks for weight regain in children

15:00 – 15:30

Julian V– Clermont Auvergne University

Cardiometabolic profile, weight loss and weight regain in pediatric obesity

15:30 – 16:00

Fearnbach N– PBRC Baton Rouge, USA

Physical and nutritional behavioral responses to weight loss: implication for weight regain

16:00 – 17:30

Award and closing ceremony (cocktail)



31ST ECOG CONGRESS



REGISTRATION:

2.09.2022

STUDENTS	250 €
REGULAR*	400 €
ECOG MEMBERS	275 €
ONLINE PARTICIPANT FEE	50 €
ONLINE GROUP FEE (10 CONNECTION LINKS)	300 €

* For groups of delegates (minimum 4) coming from the same institution, we are happy to apply a discount of 10% on the registration fees. To benefit from this discount please contact the secretariat (esther@ecog-obesity.eu).

The congress will be held at:



1 avenue des Célestins
03200 Vichy
Tél. : 04 70 30 43 43
www.vichy-universite.com



9 Place Charles de Gaulle
CS 92956 - 03209 Vichy Cedex
Tél. : 04 70 96 57 00
Fax : 04 70 96 57 10
www.vichy-communaute.fr

