

# EUROPEAN CHILDHOOD OBESITY GROUP

# 31<sup>ST</sup> CONGRESS VICHY

2-4  
November  
2022



**EARLY BIRD  
REGISTRATION**  
Until  
September 1st



Invitation  
[www.ecog-obesity.eu](http://www.ecog-obesity.eu)  
[info@ecog-obesity.eu](mailto:info@ecog-obesity.eu)  
[@ECOGobesity](https://twitter.com/ECOGobesity)



Dear Colleague,

It is our pleasure to invite you to Vichy on the occasion of the 31st European Childhood Obesity Group (ECOG 2022) congress. ECOG 2022 will take place from the 2nd to the 4th of November in Vichy, a city bursting with a wide choice of world class attractions, legendary music and culture and worldwide renowned thermal baths. This year's congress aims to bring together childhood obesity experts and young scientists from across Europe.

The scientific programme will approach the multidisciplinary nature of childhood obesity prevention and treatment, giving the floor to some of the finest experts in policies and management strategies, dietary interventions, appetite and eating behaviors, pharmacological strategies as well as family programs and general physiology and metabolism. In addition, international associations such as the World Health Organization and the European Association for the Study of Obesity will animate and lead specific sessions.

ECOG 2022 will be an excellent opportunity to meet, discuss and share information and experiences with like-minded colleagues. It will be the perfect occasion for practitioners to share the experiences and enrich their career and for early career students and scientists to take their first step in the field, guided by international experts and mentors.

In the following months, we will provide you with more information about: ECOG board and ECOG 2022 scientific and organising committees, scientific and social programmes, congress venue and accommodations, registration forms and fees.

We look forward to meeting you at the conference and if, in the meantime, you have any questions please do not hesitate to contact us.

Yours Sincerely,

Professor Daniel Weghuber  
ECOG President

Associate Professor David Thivel  
ECOG Vice-President,  
President Elect ECOG Congress 2022

**! [REGISTRATION OPEN NOW](#) !**



# 31<sup>ST</sup> ECOG CONGRESS



## ECOG Board

**Daniel Weghuber**, President – Austria  
**David Thivel**, Vice President – France  
**Margherita Caroli**, Treasurer – Italy  
**Anders Forslund**, Scientific Advisor – Sweden  
**Eva Erhardt**, Member – Hungary  
**Emma Boyland**, Member – United Kingdom  
**Artur Mazur**, Member/Past President – Poland  
**Elpis Vlachopapadopoulos**, Member – Greece

## Local organizing committee

**Julien Verney** (PhD – UCA)  
**Lore Metz** (PhD/HDR – UCA)  
**Gael Ennequin** (PhD – UCA)  
**Laurie Isacco** (PhD – UCA)  
**Alicia Fillon** (PhD – ONAPS / AFERIS / UCA)  
**Valérie Julian** (MD/PHD – UCA)  
**David Thivel** (PhD-HDR – UCA - CALORIS)

## Local scientific committee

**Prof Yves Boirie** (MD/PHD – UCA - CALORIS)  
**Prof Martine Duclos** (MD/PHD – UCA)  
**Marie-Laure Frelut** (MD – ECOG past-president)  
**David Thivel** (PhD-HDR – UCA – CALORIS)

## Thanks to



**! [REGISTRATION OPEN NOW](#) !**

**DAY 1**  
2 NOVEMBER

**31<sup>ST</sup>**  
**ECOG**  
**CONGRESS**



**11:30 – 13:30**

**Registrations**

**13:30 – 14:00**

**Short Opening introduction**

**14:00 – 15:30**

**Session 1: Disease Management Program in Pediatric Obesity**  
(World Health Organization)

**15:00 – 15:30**

**Wickramasinghe K – WHO European Office for the Prevention and Control NCD**

*Pediatric obesity in the WHO Disease Management program in Europe*

**15:30 – 16:00**

**Koletzko B - Ludwig-Maximilians - Universität München**

*Pediatric health and pediatric obesity in the context of COVID-19*

**16:00 – 16:30**

**Coffee Break + Posters**

**16:30 – 18:00**

**Session 2: From national to international action plans and strategies**  
(National Health insurance)

**16:30 – 17:00**

**Assurance Maladie Speaker – Paris, France**

*Transfer of local initiatives into national and labeled action plans: the article 51 strategy*

**17:30 – 17:00**

**Hannah Brinsden - World Obesity Federation**

*The CoCREATE / STOP international initiatives*

**17:00 – 18:00**

**Satelite Assurance Maladie - working session: Towards new collective perspectives (Invitations only)**

**18:45 – 21:00**

**Welcome Reception (Main City Hall Vichy)**

**09:00 – 11:00**

**Session 1: From feeding practices to dietary recommendations (Aprifel session)**

**09:00 – 09:30**

**Goran M - University of Southern California, USA**

*Dietary intervention and pediatric obesity; from scientific evidence to recommendations*

**09:30 – 10:00**

**Nicklaus S - Centre des Sciences du Goût et de l'Alimentation, Dijon**

*Feeding practices and choices in young children*

**10:00 – 10:30**

**Thivel D – Clermont Auvergne University**

*Are Movement behaviors associated with eating habits and appetite control?*

**10:30 – 11:00**

**Richonnet C – European Club of Childhood Dieticians**

*Nutritional Quality and Degree of Processing food in Children*

**11:00 – 11:30**

**Coffee Break + Posters**

**11:30 – 12:30**

**Oral presentations**

**12:30 – 13:30**

**Lunch Break + Aprifel Symposium**

**13:30 – 15:00**

**Session 2: Parenting and Family-centered strategies (CALORIS/Assurance Maladie)**

**13:30 – 14:00**

**Nowicka P - Uppsala University and Karolinska Institute, Sweden**

*Parenting in the context of pediatric obesity*

**14:00 – 14:30**

**Braet C - Ghent University, Belgium**

*Family-based interventions to prevent and treat pediatric obesity: what do we know?*

**14:30 – 15:00**

**Boirie Y – Clermont Auvergne University, Caloris, France**

*The ProxOb program: from a regional initiative to a successful and effective national plan.*

**15:00 – 16:00**

**Workshop Parenting and Family-centered strategies**

**16:00 – 16:45**

**Workshop's restitution**

**16:45 – 17:15**

**Coffee Break + Posters**

**17:15 – 18:15**

**Oral presentations**

**18:15 – 19:15**

**ECOG General Assembly with Board Election**

**19:30 – 20:15**

**Second Plenary - Understanding childhood obesity: from molecular diagnosis to therapeutic choices**

**Dubern B – Sorbonne University, France**

**20:15 – 22:30**

**Gala Reception**

**DAY 3**  
4 NOVEMBER



**09:00 – 10:30**

**Session 1: ECOG-EASO joint session: Sports-based marketing of foods and beverages to children**

**09:00 – 09:15**

**Boyland E - University of Liverpool, UK**  
**Wickramasinghe K - WHO Europe, Prevention and Control NCD**

*Introduction to the session, highlight ECOG-EASO collaboration, extent of the problem and need to support policy*

**09:15 – 09:35**

**Garde A - University of Liverpool, UK**

*Towards a childhood free from harmful food marketing? The EU-wide Food Marketing Directive Initiative*

**09:35 – 10:05**

**Tim Smits - KU Leuven, Belgium**

*Overview of existing evidence of sports-based food marketing impact on eating and body weight in children*

**10:05 – 10:30**

**Boyland E - University of Liverpool, UK**

*From interdisciplinary evidence to policy progress: setting the translational research agenda*

**10:30 – 11:30**

**Coffee Break + Posters**

**11:30 – 12:30**

**Session 2: Use of e-technologies for the prevention and treatment (EIT session)**

**11:30 – 12:00**

**O'Malley G - RCSI University of Medicine and Health Sciences, Ireland**  
*Mobile Health for Pediatric Weight Management: Systematic Scoping Review*

**12:00 – 12:30**

**Desmet M - Ghent University, Belgium**

*Feasibility and interest of e-application as a personalized treatment tool for adolescents with obesity*

**12:30 – 13:30**

**Oral presentations**

**13:30 – 14:30**

**Lunch Break + Posters**

**14:30 – 16:00**

**Session 3: Multidisciplinary weight loss interventions: interests and challenges?**

**14:30 – 15:00**

**Lazzer S - University of Udine, Italy**

*Metabolic adaptation to weight loss and risks for weight regain in children*

**15:00 – 15:30**

**Julian V - Clermont Auvergne University**

*Cardiometabolic profile, weight loss and weight regain in pediatric obesity*

**15:30 – 16:00**

**Fearnbach N - PBRC Baton Rouge, USA**

*Physical and nutritional behavioral responses to weight loss: implication for weight regain*

**16:00 – 17:30**

**Award and closing ceremony (cocktail)**



REGISTRATION:

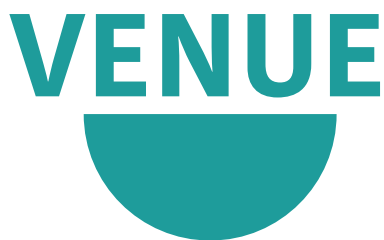
EARLY (<1.09.2022)

LATE (>2.09.2022)

STUDENTS	200 €	250 €
REGULAR*	350 €	400 €
ECOG MEMBERS	225 €	275 €
ONLINE PARTICIPANT FEE	50 €	-
ONLINE GROUP FEE (10 CONNECTION LINKS)	300 €	-

\* For groups of delegates (minimum 4) coming from the same institution, we are happy to apply a discount of 10% on the registration fees. To benefit from this discount please contact the secretariat ([esther@ecog-obesity.eu](mailto:esther@ecog-obesity.eu)).

**EARLY BIRD  
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September 1st**



It is our pleasure to invite you to Vichy on the occasion of the 31st European Childhood Obesity. The congress will be held at:

POLE UNIVERSITAIRE LARDY  
1 Avenue des Célestins  
03200 VICHY - FRANCE

# CALL FOR ABSTRACTS IS NOW OPEN!

[Deadline for submission: July 10, 2022]

1. Only electronic abstracts will be accepted. Please **attach your abstract to your registration form**.
2. Abstracts must be submitted in **English**.
3. The maximum word count is **250** - this includes body text and tables. You are advised to use the ECOG template below.
4. The **deadline for receipt of abstracts is July 10, 2022**.
5. All abstract submitters will be notified by the scientific committee (SC) of their **decision by the beginning of August**.
6. All presenters of accepted abstracts are expected to **attend the congress**.
7. Abstracts will be selected for **oral or poster presentations**. Each oral presentation will last 10 minutes.
8. Abstracts and congress proceedings will be **published in the international journal 'Annals of Nutrition and Metabolism'**.

## ECOG Abstract Template:

### **ABSTRACT TITLE**

Arial 10 font bold, left aligned

### **AUTHOR NAMES**

Arial 10 font. Surname, initials. Presenting author to be bold, affiliations numbered in superscript.

### **ABSTRACT TEXT**

Arial 10 font, left aligned, maximum 250 words.

-> **EXAMPLE**

#### **Title**

#### **Authors**

Green, B<sup>1</sup>, Red, N<sup>2</sup>, White, P<sup>2</sup>

<sup>1</sup>University of Hogwarts, Rivendell, Middle-earth

<sup>2</sup>Royal Green Hospital, Lannisport, Westeros

#### **Text**

Introduction + Methods + Results + Conclusion  
(don't forget Image ©)

#### **1. Conflict of Interest:**

None Disclosed/Payment received from .....

#### **2. Funding**

No Funding/Research relating to this abstract was funded by .....

**! [REGISTER NOW](#) !**



