

EUROPEAN CHILDHOOD OBESITY GROUP

31ST CONGRESS VICHY

2-4
November
2022



Invitation
www.ecog-obesity.eu
info@ecog-obesity.eu
@ECOGobesity





Dear Colleague,

It is our pleasure to invite you to Vichy on the occasion of the 31st European Childhood Obesity Group (ECOG 2022) congress. ECOG 2022 will take place from the 2nd to the 4th of November in Vichy, a city bursting with a wide choice of world class attractions, legendary music and culture and worldwide renowned thermal baths. This year's congress aims to bring together childhood obesity experts and young scientists from across Europe.

The scientific programme will approach the multidisciplinary nature of childhood obesity prevention and treatment, giving the floor to some of the finest experts in policies and management strategies, dietary interventions, appetite and eating behaviors, pharmacological strategies as well as family programs and general physiology and metabolism. In addition, international associations such as the World Health Organization and the European Association for the Study of Obesity will animate and lead specific sessions.

ECOG 2022 will be an excellent opportunity to meet, discuss and share information and experiences with like-minded colleagues. It will be the perfect occasion for practitioners to share the experiences and enrich their career and for early career students and scientists to take their first step in the field, guided by international experts and mentors.

In the following months, we will provide you with more information about: ECOG board and ECOG 2022 scientific and organising committees, scientific and social programmes, congress venue and accommodations, registration forms and fees.

We look forward to meeting you at the conference and if, in the meantime, you have any questions please do not hesitate to contact us.

Yours Sincerely,

Professor Daniel Weghuber
ECOG President

Associate Professor David Thivel
ECOG Vice-President,
President Elect ECOG Congress 2022

! [REGISTRATION OPEN NOW](#) !



ECOG Board

Daniel Weghuber, President – Austria
David Thivel, Vice President – France
Margherita Caroli, Treasurer – Italy
Anders Forslund, Scientific Advisor – Sweden
Eva Erhardt, Member – Hungary
Emma Boyland, Member – United Kingdom
Artur Mazur, Member/Past President – Poland
Elpis Vlachopapadopoulos, Member – Greece

Local organizing committee

Julien Verney (PhD – UCA)
Lore Metz (PhD/HDR – UCA)
Gael Ennequin (PhD – UCA)
Laurie Isacco (PhD – UCA)
Alicia Fillon (PhD – ONAPS / AFERIS / UCA)
Valérie Julian (MD/PHD – UCA)
David Thivel (PhD-HDR – UCA - CALORIS)

Local scientific committee

Prof Yves Boirie (MD/PHD – UCA - CALORIS)
Prof Martine Duclos (MD/PHD – UCA)
Marie-Laure Frelut (MD – ECOG past-president)
David Thivel (PhD-HDR – UCA – CALORIS)

Thanks to



! [REGISTRATION OPEN NOW](#) !



11:30 – 13:30

Registrations

13:30 – 14:00

Short Opening introduction

14:00 – 15:30

Session 1: Disease Management Program in Pediatric Obesity
(World Health Organization)

15:00 – 15:30

Wickramasinghe K – WHO European Office for the Prevention and Control NCD

Pediatric obesity in the WHO Disease Management program in Europe

15:30 – 16:00

Koletzko B - Ludwig-Maximilians - Universität München

Pediatric health and pediatric obesity in the context of COVID-19

16:00 – 16:30

Coffee Break + Posters

16:30 – 18:00

Session 2: From national to international action plans and strategies
(National Health insurance)

16:30 – 17:00

Assurance Maladie Speaker – Paris, France

Transfer of local initiatives into national and labeled action plans: the article 51 strategy

17:30 – 17:00

World Obesity Federation

The CoCREATE / STOP international initiatives

17:00 – 18:00

Satelite Assurance Maladie Round table: toward recommendations?
(Invitations only)

18:45 – 21:00

Welcome Reception (Main City Hall Vichy)

09:00 – 11:00

Session 1: From feeding practices to dietary recommendations (Aprifel session)

09:00 – 09:30

Goran M - University of Southern California, USA

Dietary intervention and pediatric obesity; from scientific evidence to recommendations

09:30 – 10:00

Nicklaus S - Centre des Sciences du Goût et de l'Alimentation, Dijon

Feeding practices and choices in young children

10:00 – 10:30

Thivel D – Clermont Auvergne University

Are Movement behaviors associated with eating habits and appetite control?

10:30 – 11:00

Richonnet C – European Club of Childhood Dieticians

Nutritional Quality and Degree of Processing food in Children

11:00 – 11:30

Coffee Break + Posters

11:30 – 12:30

Oral presentations

12:30 – 13:30

Lunch Break + Aprifel Symposium

13:30 – 15:00

Session 2: Parenting and Family-centered strategies (CALORIS/Assurance Maladie)

13:30 – 14:00

Nowicka P - Uppsala University and Karolinska Institute, Sweden

Parenting in the context of pediatric obesity

14:00 – 14:30

Braet C - Ghent University, Belgium

Family-based interventions to prevent and treat pediatric obesity: what do we know?

14:30 – 15:00

Boirie Y – Clermont Auvergne University, Caloris, France

The ProxOb program: from a regional initiative to a successful and effective national plan.

15:00 – 16:00

Workshop Parenting and Family-centered strategies

16:00 – 16:45

Workshop's restitution

16:45 – 17:15

Coffee Break + Posters

17:15 – 18:15

Oral presentations

18:15 – 19:15

ECOG General Assembly with Board Election

19:30 – 20:15

Second Plenary - Understanding childhood obesity: from molecular diagnosis to therapeutic choices

Dubern B – Sorbonne University, France

20:15 – 22:30

Gala Reception

09:00 – 10:30

Session 1: Use of e-technologies for the prevention and treatment (EIT session)

09:00 – 09:30

O'Malley G - RCSI University of Medicine and Health Sciences, Ireland
Mobile Health for Pediatric Weight Management: Systematic Scoping Review

09:30 – 10:00

TBD

10:00 – 10:30

Desmet M - Ghent University, Belgium
Feasibility and interest of e-application as a personalized treatment tool for adolescents with obesity

11:00 – 11:30

Coffee Break + Posters

11:30 – 12:30

**Session 2: ECOG-EASO joint session:
Sports-based marketing of foods and beverages to children**

11:30 – 11:40

Boyland E - University of Liverpool, UK
Wickramasinghe K - WHO Europe, Prevention and Control NCD
Introduction to the session, highlight ECOG-EASO collaboration, extent of the problem and need to support policy

11:40 – 12:10

Tim Smits - KU Leuven, Belgium
Overview of existing evidence of sports-based food marketing impact on eating and body weight in children

12:10 – 12:30

Boyland E - University of Liverpool, UK
From interdisciplinary evidence to policy progress: setting the translational research agenda

12:30 – 13:30

Oral presentations

13:30 – 14:30

Lunch Break + Posters

14:30 – 16:00

**Session 3: Multidisciplinary weight loss interventions:
interests and challenges?**

14:30 – 15:00

Lazzer S - University of Udine, Italy
Metabolic adaptation to weight loss and risks for weight regain in children

15:00 – 15:30

Julian V - Clermont Auvergne University
Cardiometabolic profile, weight loss and weight regain in pediatric obesity

15:30 – 16:00

Fearnbach N - PBRC Baton Rouge, USA
Physical and nutritional behavioral responses to weight loss: implication for weight regain

16:00 – 17:30

Award and closing ceremony (cocktail)



REGISTRATION:

EARLY (<1.09.2022) LATE (>2.09.2022)

STUDENTS	200 €	250 €
REGULAR*	350 €	400 €
ECOG MEMBERS	225 €	275 €
ONLINE PARTICIPANT FEE	50 €	-
ONLINE GROUP FEE (10 CONNECTION LINKS)	300 €	-

* From the 4th registration from the same institution, early fees become 275 € and late fees become 325 € (the three first registrations remain at normal prices, reduction starts from the 4th registration). To benefit from this discount please contact the secretariat (milena@ecog-obesity.eu).

**ABSTRACT
SUBMISSION
DEADLINE:**
**20th of
June 2022**