



30<sup>th</sup> Annual  
Congress of

**E**uropean  
**C**hildhood  
**O**besity  
**G**roup

**2021**  
**Budapest**

## Dear Colleagues and Friends,

On behalf of the European Childhood Obesity Group (ECOG), we are honored to invite you to our upcoming 30th Annual Congress of ECOG – which will take place on 10-13th November 2021 in Budapest, Hungary.

The host city of Budapest, capital of Hungary and culinary center of Central Europe, is a very friendly city, with a special atmosphere; a great venue to offer attendees several opportunity to relax, meet old and make new friends while following a high level scientific program.

ECOG congress offers attendees a unique opportunity to listen and meet distinguished speakers coming from various countries throughout Europe and Canada. Through a series of lectures, workshops and oral presentations, the congress will cover all major fields of childhood obesity and will bring together health professionals, researchers and students.

We are looking forward to seeing you in Budapest!

Yours Sincerely,

Dr. Daniel Weghuber  
President of ECOG

Dr. Eva Erhardt  
President Elect of ECOG Congress 2021



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### PROVISIONAL PROGRAMME

30th Annual Congress of European Childhood Obesity Group 2021	
'Childhood Obesity as a chronic disease of adherence'	
Wednesday, 10 <sup>th</sup> November 2021	
	Program
11:00 - 18:00	Registration
15:00 - 16:00	Welcome - Coffee Break
16:00 - 17:00	<i>Scientific program- Pharmacological treatment</i>
17:00 - 17:30	<b>Opening Ceremony</b>
17:30 - 19:00	<b>ECOG: a 30 years long collaboration to tackle childhood obesity</b>
19:00-	Welcome reception
Thursday, 11 <sup>th</sup> November 2021	
	Program
08:00 - 17:00	Registration
09:00 - 10:00	<i>Scientific program- oral presentations/posters</i>
10:00 - 11:00	<b>Joint session WHO-ECOG</b>
11:00 - 11:30	Coffee Break
11:30 - 12:30	<b>Plenary lecture - Abdul Dulloo (Switzerland)</b>
12:30 - 13:30	Lunch Break
13:30 - 14:30	<b>Plenary lecture- Martin Wabitsch (Germany)</b>
14:30 - 16:00	<i>Scientific program- interactive workshops</i>
16:00 - 16:30	Coffee Break
16:30 - 17:30	<i>Scientific program- oral presentations</i>
17:30 - 19:00	General Assembly
19:30 - 22:00	Gala Dinner



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Friday, 12 <sup>th</sup> November 2021	
	Program
08:00 - 17:00	Registration
09:00 - 10:00	<b>Plenary lecture – Michael Vallis (Canada)</b>
10:00 - 11:00	<i>Scientific program – interactive workshops</i>
11:00 - 11:30	Coffee Break
11:30 - 13:00	<i>Oral presentations/posters</i>
13:00 - 14:00	Lunch Break
14:00 - 15:00	<i>Oral presentations/posters</i>
15:00 - 16:00	<i>Scientific program – ‘Obesity and the brain’</i>
16:00	<i>Closing ceremony</i>
Saturday 13 <sup>th</sup> November 2021	
	<b>Hungarian day</b>

### KEY DATES TO KEEP IN MIND

*Abstract submission deadline: 20<sup>th</sup> of June 2021*

*Early Bird registration deadline: 20<sup>th</sup> of June 2021*

### REGISTRATION

Registration via the following link: <https://pcongress.hu/CongressRegisztracio/index/93>

### ABSTRACTS GUIDELINES

The Organizing Committee encourages registered participants to contribute to the scientific excellence of the Congress by sharing research results by oral presentations and posters.

The abstract submission form is on our Congress website:

<https://pcongress.hu/CongressAbstract/index/93>

*Deadline for Submission: 20<sup>th</sup> of June, 2021*