



September 23-25, 2004  
Zaragoza, Spain

**International Symposium**  
“Childhood Obesity:  
From Basic Knowledge  
to Effective Prevention”

**14<sup>th</sup> Workshop**  
“European Childhood  
Obesity Group”

Second announcement and call for abstracts

**Organized by**

Luis A. Moreno, University of Zaragoza and  
European Childhood Obesity Group

### President

Luis A. Moreno

### Honorary Presidents

Manuel Bueno  
Antonio Sarria

### International Scientific Committee

Benjamín Caballero (USA)  
Margherita Caroli (Italy)  
Carl-Erik Flodmark (Sweden)  
Inge Lissau (Denmark)  
Denes Molnar (Hungary)  
José María Pérez-González (Spain)  
Angelo Pietrobelli (Italy)  
Barry M. Popkin (USA)  
Youfa Wang (USA)  
Kurt Widhalm (Austria)

### Local Organizing Committee

Vicente Blay  
Gloria Bueno  
José A. Casajús  
Jesús Fleta  
Jesús Garagorri  
Carlos M. Gil  
Aurora Lázaro  
Juan F. León  
Ascensión Marcos  
J. Alfredo Martínez  
María I. Mesana  
Gerardo Rodríguez  
Luis Ros  
Concepción Tomás

Dear Colleagues,

The organisers of the International Symposium "Childhood Obesity: From Basic Knowledge to Effective Prevention" and 14th Workshop "European Childhood Obesity Group" have the honour and pleasure of inviting you to take part in the Symposium to be held in Zaragoza (Spain) on 23-25 September, 2004. The aim of this symposium is to present new scientific data in the field of childhood obesity and to analyse the practical consequences of recent results to everyday practice. We would like to encourage you all to actively contribute with the submission of your recent work and experiences. We will try to maintain the tradition of our Workshops by combining friendly personal encounters in pleasant surroundings with high class clinical science and social programme in the friendly city of Zaragoza. Please, mark these dates on your calendar and join us for the meeting to present your clinical or research work and to share information with other worldwide scientists.

I look forward to meet you in Zaragoza!

**Luis A. Moreno**  
*President of the Symposium*

ZARAGOZA

## SCIENTIFIC PROGRAMME

### September 23, 2004

#### 17:30 **Symposium 1: Epidemiology of childhood obesity: Time for action**

*Chairman:* Barry M. Popkin (USA) and Luis A. Moreno (Spain)

- An overview of worldwide patterns and their determinants  
**Barry M. Popkin.** *University of North Carolina at Chapel-Hill (USA)*
- Childhood obesity epidemic: Answer from EU countries  
**Inge Lissau.** *National Institute of Public Health. Copenhagen (Denmark)*
- Environmental and socio demographic determinants  
**Luis A. Moreno.** *Universidad de Zaragoza (Spain)*
- Methodological aspects and guidelines: What's new?  
**Youfa Wang.** *University of Illinois at Chicago (USA)*

### September 24, 2004

#### 08:30 **Symposium 2: Morbid obesity**

*Chairman:* José Alfredo Martínez (Spain) and Kurt Widhalm (Austria)

- Are genes responsible?  
**Johannes Hebebrand.** *Philipps University Marburg. Marburg (Germany)*
- Genes and environment: who will win?  
**José Alfredo Martínez.** *Universidad de Navarra (Spain)*
- Surgical treatment  
**Kurt Widhalm.** *University of Vienna (Austria)*

#### 11:30 **Oral presentations**

#### 13:00 **Poster session**

#### 14:00 Lunch

#### 15:30 **Symposium 3: Early programming**

*Chairman:* Olli Simell (Finland) and Angelo Pietrobelli (Italy)

- Programming of obesity and cardiovascular diseases  
**Claude Remacle.** *Université Catholique de Louvain (Belgium)*
- Does infant feeding programme later obesity risk?  
**Berthold Koletzko.** *University of Munich (Germany)*
- Late programming: Fat or proteins?  
**Olli Simell.** *University of Turku (Finland)*

#### 18:00 **Symposium 4: Adolescents**

*Chairman:* Ascensión Marcos (Spain) and Carl-Erik Flodmark (Sweden)

- Body composition: Measurements and metabolic aspects  
**Gerardo Rodríguez.** *University of Zaragoza (Spain)*
- Immunoinflammatory function in Spanish adolescents. The AVENA Study  
**Ascensión Marcos.** *Consejo Superior de Investigaciones Científicas. Madrid (Spain)*
- It's not too late to treat  
**Carl-Erik Flodmark.** *University Hospital, Malmö (Sweden)*

September 25, 2004

09:00 **Symposium 5: Metabolic complications**

*Chairman: Denes Molnar (Hungary) and Angel Gil (Spain)*

- Metabolic risk in early childhood: the EarlyBird Study  
**Terence Wilkin.** *Peninsula Medical School, Plymouth (UK)*
- Prevalence of the metabolic syndrome and type 2 diabetes in children  
**Denes Molnar.** *University of Pecs (Hungary)*
- Cardiovascular risk and new comorbidities  
**Rafael Tojo, Rosaura Leis.** *Universidad de Santiago de Compostela (Spain)*
- Hormones regulating energy expenditure and plasma lipids  
**Angel Gil.** *Universidad de Granada (Spain)*

11:30 **Oral presentations**

13:00 **Poster session**

15:00 **Symposium 6: Prevention**

*Chairman: Margherita Caroli (Italy) and Benjamín Caballero (USA)*

- What can we learn from abroad?  
**Benjamín Caballero.** *John Hopkins University, Baltimore (USA)*
- Outcome measurements in obesity prevention trials  
**Angelo Pietrobelli.** *Univeristy of Verona, Verona (Italy)*
- Prevention programme in France  
**Chantal Simon.** *Strasbourg (France)*
- Role of mass media  
**Margherita Caroli.** *University of Brindisi (Italy)*
- Potential strategies for the prevention of childhood overweight  
**Mercedes de Onis.** *(WHO)*

19:30 **Closing ceremony and ECOG Young Investigator's Award**

K. Widhalm, L. Moreno and authorities

Abstract submission: Deadline April 30, 2004

If you are interested in making a presentation either orally or by poster display, you should submit an abstract. At the time of submission, a publication fee of 40 € has to be payed (ECOG members must not pay the abstract submission fee). Submitted abstracts without fee payment will not be considered for the Selection Committee.

A number of abstracts will be selected for oral presentation. You are invited to indicate your preference, but the Selection Committee reserves the right to make the final decission. Authors will be notified whether their abstract has been accepted or not early June 2004.

The abstracts will be published in a Supplement of the International Journal of Obesity and Related Metabolic Disorders.

Abstracts received after April 30, 2004, cannot be considered by the Selection Committee.

The abstracts will be submitted only by e-mail at the following address: **Imoreno@unizar.es**.

Abstracts must be submitted as attachments and written in MS Word processor. Only abstracts in English will be accepted. The recommended font is "Times New Roman". Abstracts should not exceed 300 words. Do not use colours as they will not be processed.

The abstracts should be as informative as possible and have to include:

- Title must be brief and clearly indicative of the nature of the research. Type it in bold.
- Continue in a new line with author's names, preceded by initials. Place an asterisk after the name of the presenter.
- Institutional affiliations, city and country.
- Leave a blank line.

## CALL FOR ABSTRACTS

- Begin the text on a new line without indentation. Text must include the following headings: Aims, methods, results and conclusions. Type the text, including a maximum of one simple table, in single-line spacing.

The Selection Committee has the right to reject those abstracts not following the above mentioned recommendations.

### ECOG Young Investigators' Award

Abstracts presented by investigators younger than 35 years of age can apply for the ECOG Young Investigators's Award. The candidates will be the first authors of the corresponding abstract. They must indicate in the submission message that they want to apply for this mention. The final decision will be communicated by the ECOG board previous to the workshop. The selected abstract will be presented during an oral session and will receive 500 €.

### International Journal of Obesity Supplement

A supplement of the International Journal of Obesity and Related Metabolic Disorders will be published. The full papers of the lectures presented during the Symposium and all the selected abstracts will be included.

## GENERAL INFORMATION

### Venue

The Symposium will be held at the Centro de Congresos Caja Inmaculada, located in the center of the town, at walking distance of most congress hotels.

Centro Cultural y de Congresos CAI  
Pº de las Damas, 11  
50008 Zaragoza

### Official language

English

### Exhibition

An exhibition will be organized for the industry. For information regarding the exhibition, please contact the Congress Secretariat.

### Travel

#### By air

There are flight connections to Zaragoza through Madrid or Barcelona. Zaragoza's airport is situated at about 10 km from the city center. From the airport to town you can take either an airport bus or a regular taxi (about 20 euros).

#### By train

There are excellent train connections from Madrid and Barcelona. High speed trains (AVE), less than two hours for 320 kms from each of these two cities.

### Weather

The weather at the end of September is normally warm and nice but participants should be prepared for everything from sunshine to possible showers of rain. Day-time temperature is 15-25°C.

## REGISTRATION INFORMATION

### Registration fees

	<i>Early registration Before June 15</i>	<i>Late registration After June 15</i>
Symposium fee	350 €	400 €
Abstract submission*	40 €	–
Social events for accompanying persons	100 €	100 €

*\*Only for non-ECOG members*

The delegates' fee include conference bag, lunches, coffee, International Journal of Obesity supplement, and social programme.

All payments should be settled in Euros. Please be sure that your name is clearly legible in order to ensure that the payment is registered correctly. You may use any of the following methods:

1. Bank transfer to:  
Banco Sabadell. Gran Vía, 26. 28220 Majadahonda. Madrid. Spain.  
Account number, IBAN:  
ES22 0081 0469 4600 0103 2407  
Swift code: BSABES  
Account holder: ERGON TIME, S.A.
2. Credit Card (VISA, EUROCARD and MASTERCARD are accepted). Please fill in the card number, expiration date and authorize us to charge your card by signing the registration form.

Please note that we cannot accept personal cheques, Euro Cheques or company cheques. Only paid registrations will be accepted!

### How to register

Please complete the registration form enclosed (also available on [www.childhoodobesity.net](http://www.childhoodobesity.net)). You can register:

#### By mail:

Send the form together with the appropriate payment to Congress Secretariat:

Ergon Time  
C/ Arboleda, 1  
28220 Majadahonda, Madrid, Spain  
Fax: +34 91 6362931

#### By E-mail:

Send the form by E-mail to: Congress Secretariat: [ergontime@ergon.es](mailto:ergontime@ergon.es) and send the appropriate payment by bank transfer, indicating the date payment was done.

### Confirmation

After receipt of registration form, payment of registration and hotel deposit, a confirmation letter will be sent by the Congress Secretariat.

### Cancellation terms

Provided a written cancellation is received before July 31, 2004 the full payment minus 25% for bank charges will be refunded. No refunds will be given after that date.

### Scientific Secretariat

Luis A. Moreno  
E.U. Ciencias de la Salud  
Universidad de Zaragoza  
C/ Domingo Miral s/n.  
50009 Zaragoza (Spain)  
lmoreno@unizar.es

### Congress Secretariat

ERGONTIME. C/ Arboleda, 1  
28220 Majadahonda (Madrid) SPAIN  
Phone: +34 91 636 29 30  
Fax: +34 91 636 29 31  
ergontime@ergon.es

### Supported by

Ministerio de Ciencia y Tecnología (Spain)  
Caja Inmaculada (Spain)

Declared of Sanitary Interest for the  
Government of Aragón

### Under the auspices of



**SEEDO**

SOCIEDAD ESPAÑOLA  
PARA EL ESTUDIO DE LA OBESIDAD



**SEN**

SOCIEDAD ESPAÑOLA  
DE NUTRICIÓN